

Under 11s Sports Zone

**At**

Porchester Junior School

Standhill Road

Saturday 1st July 12noon until 4pm

**Come along and learn a new game, or improve your skills –**

**Why not try all three?**

Call 07540 646890 or 07947 766348 to book your football session

Or 07921 256765 for basketball and netball

Booking is not essential, but advisable for the football sessions

**MUMS AND DADS (or anyone over 16): Why not enter our Fastest to 1k competition?**

**See how quickly you can cycle to 1k on our exercise bike? Prize to be presented at our Community Celebration on 2nd July at St James Campus, Marshall Hill Drive**

Programme

**FOOTBALL**

**With Coach Cameron**

12noon to 12.30p 5 & 6 years old

12.45 to 1.15pm 7 & 8 years old

1.30 to 2.00pm 9/10/11 years old

Ball skills, shooting and

a short game

**BASKETBALL**

**With Coach Nathan**

Open sessions

Ball and passing skills, shooting and a short game

1pm, 1.30pm, 2pm, 2.30pm

**NETBALL**

**With Coach Sarah**

Open sessions from

2pm to 4pm